



Our Tess Rose Ocean Spa Thermal Suite experience has been carefully designed to bring you on a journey of tranquillity. After a relaxing treatment snooze, read or simply take some time for you in the relaxation suite.

Our indoor thermal suite experience includes:

- Sunken Jacuzzi Bath
- Infra-Red Saunas
- River Walk
- Amazon Rainfall Showers
- Footbaths
- Bucket Showers
- Relaxation Lounge
- Rooftop Garden Canadian Hot Tubs

Our Afternoon Tea menu includes a delicious selection of savoury bites, chef's buttermilk scones and an assortment of sweet delicacies.

**Traditional Afternoon Tea**  
€23 per person

**Sparkling Afternoon Tea**  
€28.50 per person

**Thermal Suite Experience & Afternoon Tea**  
Mon - Thurs €45 | Fri - Sun €59

24 Hours Pre-Booking Is Required



## BALLYLIFFIN TownHouse & Spa

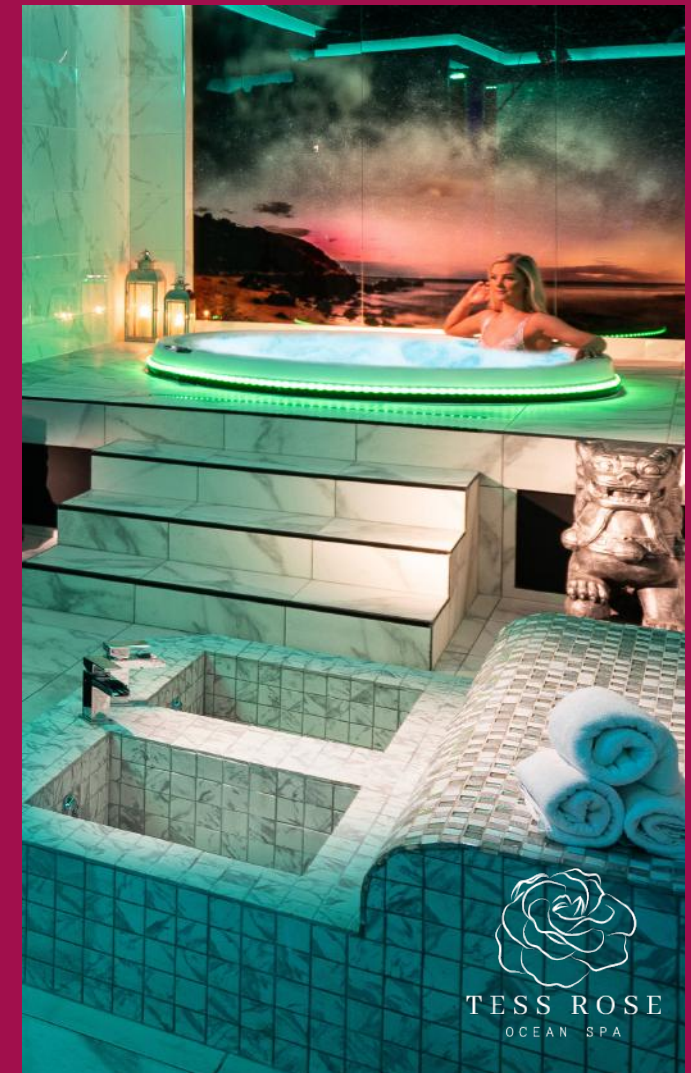
★★★★

Main Street, Ballyliffin, Co. Donegal  
+353 (0) 74 937 8300 | info@ballyliffintownhouse.ie  
www.ballyliffintownhouse.ie | #ballyliffintownhouse



# BALLYLIFFIN TownHouse & Spa

★★★★



TESS ROSE  
OCEAN SPA

## VOYA FACIALS

Self-Discovery Facial	50 mins	€79
Anti-Ageing Restorative Facial	60 mins	€89
Deluxe Facial Experience	90 mins	€110
Marine Eye Treatment (with facial massage)	35 mins	€55
The Tess Rose Ocean Spa Mini Facial	30 mins	€45

## MASSAGE TREATMENTS

Voya Total Massage Journey	90 mins	€100
Deep Tissue Massage (Back, Neck & Shoulders)	30 mins	€65
Swedish Massage	55 mins	€80
Swedish Back, Neck & Shoulder	30 mins	€50

## HOLISTIC THERAPIES

Signature Voya Scalp Massage	45 mins	€65
Hot Stone Massage Full Body	60 mins	€98
Hot Stone Massage Back	45 mins	€65
Hot Oil Full Body Massage	50 mins	€85
Hot Oil Back Massage	30 mins	€55

## VOYA BATHING RITUALS

Lazy Days Detox Seaweed Bath	45 mins	€50
Couples Lazy Days Detox Seaweed Bath	45 mins	€90
Organic Seaweed Aroma Bath Salts Therapy	45 mins	€45
Organic Warm Spiced Mud Bath	45 mins	€50
Couples Organic Warm Spiced Mud Bath	45 mins	€90
Aroma Hydrotherapy Bath	25 mins	€40

## VOYA BODY SCRUBS

Organic Luscious Salt Glow	55 mins	€75
Voya Lavender & Seaweed Sugar Glow	55 mins	€75
The Tess Rose Body Polish	40 mins	€55

## VOYA BODY WRAPS

Tangle Me Up Wrap	60mins	€75
Warm Spiced Mud Wrap	60mins	€85

## Voya Hand & Foot Rituals

Organic Hand Ritual	45mins	€60
Organic Foot Ritual	45 mins	€60

**Mum To Be Treatments** (Suitable from second trimester onwards. Use of Thermal Spa is not recommended at any stage during pregnancy)

## Voya Organic Parental Voyager 90 Mins €110

Full body exfoliation, followed by Tess Rose Body Balm and Tess Rose luxury mini facial. Light refreshments in our relaxation suite.

## Me & My Little Bundle of Joy 75 Mins €90

Tess Rose Body Balm followed by a tailored luxury facial including a relaxing scalp massage. Light refreshments in our relaxation suite.

## SPA PACKAGES

### COUPLES MINI RETREAT 220 MINUTES €130PP

- Couples Detoxifying Seaweed Bath
- 25 Minute Hot Stone Back Massage
- Mini Tess Rose Scalp Massage
- 90 Minute Thermal Suite Experience
- Outdoor Canadian Hot-Tubs
- 30 Minutes in the Relaxation Lounge with Light Refreshments

### REVITALISING RETREAT 210 MINUTES €150PP

- Back Neck & Shoulder Massage
- Self-Discovery Facial
- 90 Minute Thermal Suite Experience
- Outdoor Canadian Hot-Tub
- 30 Minutes in the Relaxation Lounge with Light Refreshments

### GOLFERS RECOVERY 200 MINS €120

- Detoxifying Seaweed Bath
- Scalp, Shoulder, Arm & Hand Massage
- 90 Minute Thermal Suite Experience
- Outdoor Canadian Hot-Tub
- 30 Minutes in the Relaxation Lounge with Light Refreshments

## TESS ROSE TREAT 180 MINUTES

**€99 MON – THURS | €119 FRI – SUN**

90 Minute Thermal Suite Experience, Outdoor Canadian Hot-Tub, 30 Minutes in Relaxation Lounge with Light Refreshments and Choice of Two Treatments:

- Tess Rose Mini Facial
- Luxury Scalp Massage
- Back, Neck & Shoulder Massage
- Leg & Foot Massage

## BRIDAL BLISS 190 MINUTES €149PP

- Full Body Exfoliation
- Body Balm
- Tess Rose Facial
- Sparkling Afternoon Tea
- 90 Minute Thermal Suite Experience
- Outdoor Canadian Hot-Tub
- 30 Minutes in the Relaxation Lounge with Light Refreshments

## THERMAL SUITE (90 MINUTE LUXURY EXPERIENCE)

- €30 per person (Mon - Thurs)
- €40 per person (Fri - Sun)

Group Bookings From €329 (up to 12 people, includes exclusive use of Thermal Suite & Roof Top Canadian Hot Tubs 6pm - 8pm). T&Cs.

## SWIMWEAR

Guests can purchase swimwear at spa reception.

## VOYA GIFT SETS & PRODUCTS

VOYA gift sets and products are available to purchase.

## REFRESHMENTS

Full list of soft drinks, prosecco and cocktails available from reception.

**FOR BOOKINGS CALL (074) 937 8300 OR  
EMAIL [SPA@BALLYLIFFINTOWNHOUSE.IE](mailto:SPA@BALLYLIFFINTOWNHOUSE.IE)**

**ALL TREATMENTS OVER 60 MINUTES INCLUDES COMPLIMENTARY  
LUXURY THERMAL SUITE ACCESS FOR 90 MINUTES**

\*PRICES & TREATMENTS SUBJECT TO CHANGE & AVAILABILITY.