

Breakfast

Only available until 11:30 am

Full Irish Breakfast

Sausages, Pudding, Bacon, Mushrooms, Tomato, Beans Fried egg Toast & Tea or Coffee (3, 4, 9)

10.00

Eggs Florentine

Poached Eggs, Toasted muffin, Blanched spinach & Hollandaise sauce (3, 4, 9)

10.00

Eggs Benedict

Poached Eggs, Toasted muffin, spinach, Glades Ham & Hollandaise sauce (3, 4, 9)

10.00

Avacado Toast

Toasted Sourdough, Avocado puree, Pouched Eggs (3, 4, 9)

10.00

Vegetarian Breakfast

1 Vegetarian Sausage, Grilled Tomatoes & Mushrooms, 2 Poached Eggs, Beans Toast & Tea or Coffee (3, 4, 9)

9.00

French Toast

Served with Bacon & Maple Syrup (3, 4, 9)

9.00

Mini Breakfast

1 Sausage, 1 Bacon, Fried Egg, Pudding, Toast & Tea or Coffee (3, 4, 9)

8.00

Bacon & Egg Butty

2 Bacon, Soft Eggs on a Flourey Bap & Tea or Coffee (3, 4, 9)

8.00

Super Porridge

Creamy Porridge Finished with Fresh Fruit, yogurt & Honey (3, 9)

7.00

Pouched Eggs

With Toast & Tea or Coffee (3, 4, 9)

7.00

Scrambled Eggs

With Toast & Tea or Coffee (3, 4, 9)

7.00

Allergan Chart

1. Peanuts 2. Nuts 3. Milk 4. Eggs 5. Fish
6. Crustaceans 7. Mollusc 8. Soya 9. Gluten 10. Sesame
11. Celery 12. Mustard 13. Lupin 14. Sulphur Dioxide Sulphites
All our beef is 100% Irish & fully traceable

THE GALLOPS

Bar & Restaurant

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KILDARE HOUSE HOTEL

Lite Bites

Available from 12:30 to 4:30pm

Soup of the Day (v) (c)

Rustic Soda Bread (3, 9)

€6.50

Chicken Liver Pate

Dressed leaves, House Relish & Rustic Croutons (3, 4, 9)

Add Skinny Fries or House salad €2.00

€8.00

Citrus Infused Crab (c)

Infused White Crab Meat with Spiced Avocado & Croutons (2, 3, 6, 9)

Add Skinny Fries or House salad €2.00

€8.00

Crispy Chicken Wings (c)

With a secret hot & spicy sauce & blue cheese dip (9)

Add Skinny Fries or House salad €2.00

€8.00

Garlic Mushrooms (v)

Crumbed Button Mushrooms with Garlic Aioli (3, 4)

Add Skinny Fries or House salad €2.00

€8.00

Warm Chicken Caesar Salad (c)

Chicken Breast, Crisp Gem Lettuce, Crispy Bacon Lardons, Parmesan Shavings, Rustic Croutons & Caesar Dressing (3, 4, 5, 9, 11, 13)

Add Skinny Fries or House salad €2.00

€8.00

Open Tuna & Cheese

Toasted Sourdough, Tuna, Mayonnaise & Cheddar Cheese (3, 9)

Add Skinny Fries or House salad €2.00

€8.00

Open Spicy Chicken

Toasted Sourdough, Breast of Chicken in a Spicy Mayonnaise (3, 9)

Add Skinny Fries or House salad €2.00

€8.00

Open Goats Cheese

Toasted Sourdough, Sun-Dried Pesto topped with crumbed Goats cheese (3, 4, 9)

Add Skinny Fries or House salad €2.00

€8.00

Sandwiches & Mains

Available from 12:30 to 4:30pm

Classic BLT

Sliced sourdough, Crispy Bacon, Tomato, Lettuce, served with mayonnaise (3, 9)

Add Skinny Fries or House salad €2.00

€8.00

Toasted Special

Sliced Sourdough Toasted, Glazed Ham, Cheddar Cheese, Tomato, Onion (3, 4, 9)

Add Skinny Fries or House salad €2.00

€8.00

Egg Salad

Boiled Egg, Tomato, Onion Folded with Mayonnaise & Lettuce (3, 4, 9)

Add Skinny Fries or House salad €2.00

€8.00

Club Sandwich

Sliced Sourdough Toasted Chicken Breast, Bacon, Tomato, Lettuce, Mayonnaise (3, 4, 9)

Add Skinny Fries or House salad €2.00

€8.00

Traditional Fish and Chips

Fresh Haddock Fillets in a Craft Beer Batter, Mushy Pea & Tartar Sauce (5, 9)

€13.50

Italian Beef Lasagne (c) (v)

Tomato & Herb Seasoned Ground Steak Between Layers of Fresh Pasta Topped with a Creamy White Sauce Served with Garlic Bread (3, 4, 8, 9, 11) Vegan Option Available

€13.50

Homemade Beef Burger (c)(v)

Brioche Bun Topped Lettuce, Tomato & onion Crisp Bacon & Cheese, Chunky Chips & Tomato Relish (3, 9) Vegan Option Available

€13.50

Vol-au-Vent

Breast of Chicken in a Creamy Mushroom Sauce, Puff Pastry & Skinny Fries or house Salad (3, 4, 9)

€13.50

Marinated Thyme Buttered Chicken (c)

Medley of Vegetables, Creamed Potato & Traditional Jus (9)

€13.50