



LAKE OF SHADOWS
HOTEL

- BREAKFAST MENU -

SERVED DAILY UNTIL 12:30PM

LAKES FAMOUS BREAKFAST....€7.95

2 Bacon, 2 Sausage, Egg, Black & White Pudding, Tomato, Beans, Hash Brown and Toast. Served with pot of tea/coffee,

VEGETARIAN BREAKFAST.....€5.95

Poached Eggs, Roast Tomato, Mushrooms, Hash Brown, Spinach and Toast. Served with pot of tea/coffee.

3 EGG OMELETTE.....€7.50

Choose 2 fillings;
Ham, Bacon, Mushroom, Cheese, Spring Onion, Tomato. Served with toast and pot of tea/coffee.

ORGANIC PORRIDGE.....€4.15

With berries and honey. Served with tea or coffee

PANCAKE STACK.....€5.20

Pancakes served with berries, Nutella & Cream or Maple Syrup & Cream.

WAFFLES.....€5.20

Toasted waffles with crème anglaise and mixed berries

NOT SO MINI BREAKFAST.....€5.50

2 Bacon, 2 Sausage, Egg, Beans & Toast. Served with pot of tea/coffee.

BREAKFAST BAP.....€4.95

Bacon, Sausage & Fried Egg served on a soft bap.

SAUSAGE BAP.....€3.50

BACON BAP.....€3.50

KIDS BREAKFAST.....€5.15

Sausage, scrambled eggs, beans and toast.



- HOT BEVERAGES -

TEA €1.80

LATTE €2.80

HERBAL TEA €2.10

CAPPUCCINO €2.80

AMERICANO €2.50

MOCHA €2.80

ESPRESSO €2.50

+ ADD SYRUP €0.50

DECAF €2.50

- CARAMEL
- HAZLENUIT
- VANILLA

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Thank you for your cooperation.

SMALL PLATES

VEGETABLE SOUP €4.00

Served with a crusty roll

CREAMY CHICKEN AND HAM VOL-AU-VENT €5.75

Served with side salad

LAKE TRIPLE DECKER CLUB SANDWICH €5.90

Chicken, tomato, bacon, lettuce and mayonnaise

CLASSIC BLT €5.90

Bacon, lettuce, tomato served on toasted bread.

MAKE YOUR OWN €5.25

Sandwich, Toastie, Ciabatta or Wrap

Choose any 2 fillings:

Ham, Chicken, Tuna, Bacon, Cheese, Onion, Salad, Egg, Tomato

Extra filling 80c

+ Add Soup or Side Order to any sandwich for only €2.65

- All sandwiches/toasties are made fresh to order. Please allow waiting time during busy periods -

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BIG PLATES

CRISPY CHICKEN CAESAR SALAD * €9.00

Lettuce, bacon lardons, herb croutons and classic Caesar dressing.

WARM CHICKEN SALAD * €9.00

Roasted peppers, potato cubes, mixed leaves with a sweet chilli dressing

GOATS CHEESE SALAD * €9.50

With beetroot, mixed leave and red onion jam

ROAST OF THE DAY * €10.50

Served with mash and vegetables.

BEER BATTERED COD * €10.50

Beer battered cod served with chips, mushy peas and tartare sauce

LAKE BURGER * €10.50

Grants 100% Irish beef with cheddar, bacon and chips

LAKE BREAKFAST PLATE * €9.50

Bacon, sausages, beans, black and white pudding, roast tomato, 2 eggs and chips.

CHICKEN MELTER €10.50

Chicken fillet with bacon, pineapple & mozzarella and side order of choice

TANDOORI CHICKEN CURRY * €10.50

With steamed rice and naan bread

CHICKEN GOUJON €10.50

Breaded chicken served with duo of dips & side order of choice

* = COMPLETE DISH - no side order included

- SIDES €3.15 -

HOMEMADE CHIPS*

GARLIC POTATOES*

SKINNY FRIES

VEGETABLES

MASHED POTATOES*

CHAMP*

MIXED SALAD

(* = Allergy: Contains sulphites.)



STARTERS

VEGETABLE SOUP€4.70

Served with Crusty Roll
(gluten, milk, eggs)

BREADED MUSHROOMS.....€5.70

Mixed Salad and Garlic Mayonnaise
(gluten, celery, milk)

NACHOS SHADOWS STYLE.....€6.20

Texas Chilli Beef with Guacamole and Sour
Cream Dips
(milk)

CAESAR SALAD.....€6.20

ADD CHICKEN €1.00

Crispy Lettuce, Bacon Lardons, Herb Croutons
& Classic Caesar Dressing.
(gluten, dairy, milk)

FRANK'S HOT WINGS.....€6.20

Deep Fried Chicken Wings with Frank's Hot
Sauce, Sour Cream & Celery
(celery, milk, mustard)

POTATO SKINS COMBO.....€6.20

Texas Chilli 'n' Cheese & Bacon, Cheese
and Sour Cream
(milk, mustard)

VOL AU VENT€6.20

As a Main Course + 1 Side Order..... €13.90

Creamy Chicken and Ham Vol Au Vent with
Mustard Cress and Flavored Oils
(gluten, milk, eggs, fish product, mustard)

GOATS CHEESE SALAD.....€6.20

Served with Beetroot, Red Onion
Marmalade in Filo Pastry with Chilli Jam
and a Leaf Salad
(gluten)

- All our Beef is 100% Irish -

HOUSE FAVOURITES

ROAST OF THE DAY.....€13.90

Served with Creamed Potato and Vegetables
(gluten, milk, eggs)

BEER BATTERED COD.....€14.90

Served with Mushy Peas and Tartar Sauce
(gluten, dairy, eggs, fish)

CHICKEN LOUISIANA.....€14.90

Breaded Chicken with BBQ Sauce, Bacon and
Cheese
(gluten, dairy)

TANDORRI CHICKEN BANG BANG.....€14.90

Served on Naan Bread, Mixed Leaves and
Tandoori Mayo
(gluten, dairy, eggs)

CAJUN CHICKEN.....€14.90

Pan Fried Breast of Chicken, with Cajun Spice
and Tobacco Onions
(gluten, dairy, eggs)

STEAK

SIRLOIN STEAK

6 OZ.....€16.50

10 OZ.....€20.50

Served with a Cream Peppered Sauce
(gluten, milk, eggs, mustard)

STEAK AND CHICKEN COMBO.....€18.90

Blackened 6oz Sirloin and Fried Chicken
Breast with a Creamy Pepper Sauce & French
Fried Onion Rings
(gluten, milk, eggs, mustard)

EXTRAS

GRAVY.....€1.50

PEPPER SAUCE.....€1.50

GARLIC BUTTER.....€1.00

TOBACCO ONIONS.....€3.50

WHITE WINE SAUCE.....€1.50

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BURGERS

SHADOWS BURGER.....€11.90

Dressed Brioche Bap with the Lakes House
Coleslaw

ADD BACON & CHEESE FOR €1.00

(gluten, milk, eggs, mustard)

CHILI CHEESE BURGER.....€12.90

6oz Burger with Texas Chili, Melted Cheese
served on a toasted Brioche Bap

(gluten, milk, eggs, mustard)

CHICKEN

CHICKEN MARYLAND.....€14.90

Breaded Chicken Escalope with a Bacon
Wrapped Tomato and Fruit Fritters

(gluten, milk, eggs)

SALT 'N' CHILI CHICKEN.....€14.90

Served with Steamed Rice

***Complete Dish** (gluten, milk, eggs, mustard)

CHICKEN GOUJONS.....€14.90

Served with Duo of Dips

(gluten, milk)

CHICKEN CURRY.....€12.90

Chicken Breast with Indian Spiced Curry
Sauce, Turmeric Rice & Naan Bread

***Complete Dish** (gluten, dairy, eggs)

CHICKEN CAESAR SALAD.....€13.90

Served with Herb Croutons, Mustard Dressing,
Parmesan and Bacon Lardons

***Complete Dish** (gluten, dairy, eggs, mustard)

CHICKEN PARMIGIANA.....€14.90

Breaded Chicken, Garlic Butter, Roast Tomato
& Melted Mozzarella

(dairy, eggs, gluten)

MUSHROOM CHICKEN.....€14.90

Pan-fried Chicken with a Mushroom, Rosemary
& Red Wine Cream Sauce

(dairy)

SOY 'N' HONEY STIRFRY.....€14.90

Garlic & Sesame Chicken, Mushroom, Broccoli
& Sweet Pepper served with Steamed Rice

(gluten, eggs, mustard)

FISH

ROAST COD FILLET.....€16.50

Served with Pan-fried Green Vegetables,
Lemon & Parsley Compound Butter

(fish, milk, mustard)

BAKED SALMON.....€16.50

Served with Roast Ratatouille

(fish)

PASTA

LASANGE.....€12.90

Homemade Sicilian Lasagna with Garlic
Ciabatta and Roman Salad

***Complete Dish** (gluten, dairy, eggs)

CHICKEN CARBONARA.....€14.90

White Wine Cream, Bacon & Parmesan Sauce
Served with Garlic Bread

***Complete Dish** (gluten, milk, mustard, celery)

VEGETARIAN

GOATS CHEESE FRITTERS.....€12.50

Breaded Goats Cheese Fritters with Spiced
Apply Chutney on the Lakes House Salad

(gluten, milk, mustard)

VEGETABLE KORMA.....€12.50

Served with Steamed Basmati Rice

***Complete Dish** (gluten, dairy, mustard)

SIDES

HOME-CUT CHIPS €3.15

SKINNY FRIES €3.15

GARLIC POTATO €3.15

CREAMED POTATOES €3.15

CHAMP €3.15

SEASONED WEDGES €3.50

BABY BOILED POTATOES €3.50

TOBACCO ONIONS €3.50

SEASONAL VEGETABLES €3.15

SIDE SALAD €3.15

SWEET POTATO FRIES €3.50

TRY US, WE'RE NEW! 

- All our Beef is 100% Irish -



DESSERTS



TRIO OF ICE CREAM.....€5.20

Choose three flavours:

*Vanilla, Strawberry, Chocolate, Mint,
Honeycomb*

(milk)

WARM CHOCOLATE FUDGE CAKE.....€5.20

A rich and intense warm chocolate cake
served with vanilla ice-cream

(gluten, milk, eggs)

APPLE PIE.....€5.20

Served with vanilla ice-cream

(gluten, milk, eggs)

CHEESECAKE OF THE DAY.....€5.70

Check with your waiter for our
Cheesecake of the Day

(gluten, milk, eggs)

BAKED ALASKA.....€5.70

A Genoese sponge with fruit, vanilla &
strawberry ice-cream, topped with
hot meringue

(gluten, milk, eggs)

COOKIES 'N' CREAM ICE CREAM SUNDAE.....€5.70

(gluten, dairy, eggs)

- KIDS DESSERT -

HOT CHOCOLATE FUDGE CAKE

Served with vanilla ice-cream

(gluten, milk, eggs)

€4.10

ICE CREAM

Choose any two flavours:
vanilla, strawberry, chocolate, mint

€3.20



EVEREST TEMPTATION

*A warm brownie with
crushed meringue,
honeycomb ice-
cream, maltesers
and warm
butterscotch...*

*All served in an
edible cone*

- €6.80 -

**BEST
SELLER**

GLUTEN FREE DESSERTS

WARM CHOCOLATE BROWNIE

Served with duo of chocolate sauce
& fresh cream

(soya, milk, eggs)

€5.50

WHITE CHOCOLATE & COCONUT HOUDINI

Served with vanilla ice cream with
toffee centre wrapped in coconut
flakes and white chocolate

(milk)

€5.20

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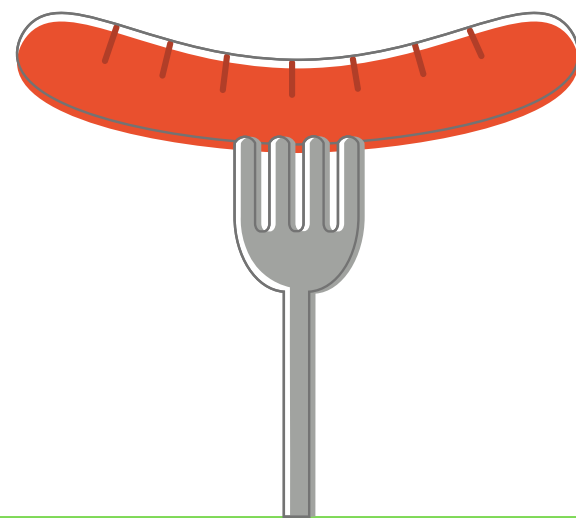
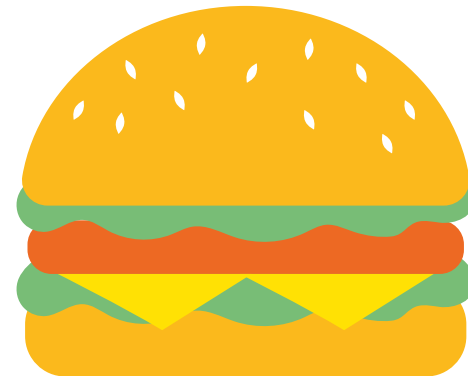
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KIDS

MENU



HALF ROAST OF THE DAY €6.20

HALF CHICKEN & HAM CARBONARA €6.20

SOUP & CREAMED POTATOES €3.55

CREAMED POTATO & GRAVY €3.25

CREAMED POTATO, GRAVY & VEGETABLES €3.80

CHICKEN NUGGETS

Served with Creamed Potato or Chips

BATTERED FISH FINGERS

Served with Creamed Potato or Chips

(Although great care is taken to remove bones, some may still remain)

HOME-MADE BREADED CHICKEN GOUJONS

Served with Creamed Potato or Chips

LOUGHNANS PORK SAUSAGES

Served with Creamed Potato or Chips

HOMEMADE BEEF BURGER

Served with Creamed Potato or Chips

ALL ABOVE DISHES

€5.20