

TO START

Soup of the Day <i>Crusty Roll</i>	€7.50
The Bay Seafood Chowder <i>Smoked Coley, Haddock, Prawns, Pancetta, Peas, Roast Garlic Cream, House Wheaten</i>	€11.00
Oven Baked Cooleeney Brie <i>Dressed Salad Leaves, Red Onion Jam</i>	€10.00
Buttermilk Fried Chicken Strips <i>Baby Gem, Cherry Tomatoes, Jalapeno Aioli</i>	€9.50
Stuffed Portobello Mushroom <i>Cream Cheese, Grilled Focaccia, Pangrattato & Basil Pesto</i>	€9.50
Hot & Sticky Korean Style Pork Bites <i>Pickled Cabbage Salad, Honey Soy Sauce</i>	€9.50
Potted Ward Crab Meat <i>Crème Fraiche, Orange, Cucumber & Apple Salad, Wheaten</i>	€11.50
Crispy Chilli, Garlic & Smoked Paprika Tiger Prawns <i>Romesco, Ciabatta & Lemon</i>	€10.50
Suppli Rice Balls <i>Mozzarella, Oven-Dried Tomatoes, Balsamic Dressing</i>	€9.50

BURGERS

Jc's Beef Burger <i>Smoked Pancetta, Cheddar, Crispy Onions, Lettuce, Chipotle Mayo</i>	€19.00
Salt 'n' Chilli Chicken Fillet Burger <i>Chorizo, Smoked Cheese, Salad, Tomato, Parsley Aioli</i>	€19.00
Moroccan Chickpea & Lentil Burger <i>Oven Roasted Tomato, Caramelised Onion</i>	€18.00

All served with Brioche Bap & Big or Skinny Chips

JC'S BAR CLASSICS

Hand Cut Chicken Goujons <i>Chunky Chips, Spinach Salad, Sweet Chilli & Garlic Mayo</i>	€19.50
10oz Dry Aged Sirloin Steak <i>Big Chips, Onion Rings, Confit Tomato, Cracked Black Pepper Sauce</i>	€30.00
Slow-Cooked Irish Lamb Shepherd's Pie <i>Mash Top, Crushed Cauliflower Cheese, Crusty Bread</i>	€19.50
Breast of Chicken Curry <i>Mixed Peppers, Onion, Courgettes, Spiced Basmati Rice, Prawn Crackers (Rice & Chips ½ & ½ €1.50 extra)</i>	€19.50
Braised Herefordshire Beef Short Rib <i>Whipped Potatoes, Oyster Mushrooms, Baby Onion, Roast Gravy</i>	€20.00
Classic Chicken Kiev <i>Roast Sweet Potato, Tenderstem Broccoli</i>	€21.50

TO SHARE

The Bay Sharing Platter <i>Hot 'n' Spicy Chicken Wings, Korean Drumsticks, Pork Bites, Southern Fried Chicken Strips, Chicken Goujons, Scampi, Onion Rings, Garlic Bread, Chips, Tartar Sauce, Parsley Aioli & Chipotle Mayo</i>	€39.00
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PASTA

Penne Arrabiata <i>Tomato, Red Pepper, Chilli, Parmesan, Basil Pesto</i>	€19.00
Linguine Chicken Carbonara <i>Smoked Bacon, Mushroom, Herbs, Parmesan, Olive Oil</i>	€21.00
Seafood Macaroni <i>Haddock, Prawns, Smoked Salmon, Spinach, Peas, Parsley, Roast Garlic Cream</i>	€23.50

SEAFOOD

Fish n Chips <i>Beer Battered Haddock Fillet, Mushy Peas, Dressed Salad, Fat Chips, Tartar Sauce & Lemon</i>	€20.50
Catch of the Day	Market Price
Smoked Fish & Shellfish Platter <i>Donegal Bay Smoked Salmon, Mackerel, Cray Fish, Ward's Crab Meat, Marinated Tiger Prawns, Baby Prawns, Pickles, Charred Lemon, Wheaten Bread & Marie Rose Sauce</i>	€25.00
The Bay Smoked Haddock Fish Pie <i>Cheddar Mash Top, Buttered Sugar Snap Peas</i>	€21.50
Battered Scampi <i>Dressed Salad, Skinny Chips, Tartar & Lemon</i>	€24.50

SOMETHING VEGAN & VEGETARIAN

Mixed Beans & Coconut Korma <i>Baby Spinach, Black Kale, Red Onion Bhaji, Basmati Rice</i>	€19.50
Butternut Squash & Sweet Potato Fritters <i>Chilli Spiced Bulgar Wheat & Chickpea Salad, Flat Bread & Mint Yoghurt</i>	€21.50
Super Food Salad <i>Quinoa, Barley, Edamame Beans, Tenderstem Broccoli, Cherry Tomatoes, Fine Beans, Cashew Nuts, Feta & Lemon Tahini Dressing</i>	€18.50

HOMEMADE SWEETS €8.00

Chocolate Torte Cake <i>Orange Compote, Clotted Cream</i>
Irish Strawberry & Vanilla Bean Set Custard Eton Mess <i>Strawberry Sauce</i>
Unbaked Blueberry Cheesecake <i>Blueberry Jam, Vanilla Coulis & Whipped Cream</i>
Guinness Sticky Toffee Pudding <i>Toffee Sauce, Honeycomb Ice Cream</i>
Fresh Fruit Salad <i>Sorbet, Berry Coulis</i>

SIDES

Caesar Salad (Add Chicken & Bacon @ €3.00 extra)	€5.00
Market Vegetables, Whipped Potatoes, Fat Chips, Skinny Chips, Onion Rings, Garlic Saute Potatoes	
Garlic Bread with Cheese	€6.50
Sauces & Dips	€2.00 ½ & ½ €3.00

KIDS (Under 10's only)

Sausages, Mash & Gravy or Beans	€7.50
4oz Beef Burger & Fries	€8.90
Chicken Goujons & Fries	€8.90
Battered Haddock & Fries	€8.90
Chicken Curry & Rice	€8.90
Tomato Pasta & Garlic Bread	€8.90

ALLERGEN KEY									
Celery	Wheat	Crustaceans	Eggs	Fish	Lupin	Dairy	Molluscs	Mustard	Nuts
Peanuts	Sesame	Soya	Sulphur Dioxide	Vegan	Gluten Free	Vegetarian			

PLEASE NOTE
Whilst every effort goes into the sourcing, preparation and handling procedures to avoid the introduction of named allergens, we are unable to guarantee that a menu item is completely free of allergens. Our suppliers regularly vary where they source their ingredients and we, therefore cannot guarantee the accuracy of the contents of each food item.