

## LIGHT BITES

HOMEMADE VEGETABLE SOUP	6.50
<i>Baked crusty roll</i>	
SALT & CHILLI CHICKEN	8.50
<i>Spiced chicken strips, sweet chilli dip, salad garnish</i>	
MULROY BAY MUSSELS	11.50
<i>White wine, garlic &amp; parsley cream, served with brown bread</i>	
CAESAR SALAD	8.50
<i>baby gem, smoked bacon, garlic &amp; herb croutons, parmesan shavings, Caesar dressing</i>	
HOUSE SALAD	8.50
<i>halved boiled egg topped with mayonnaise, coleslaw &amp; potato salad, dressed leaves, tomato, cucumber &amp; cous cous</i>	



## BIGGER BITES

WARM CHICKEN CAESAR SALAD	15.90
<i>Pan fried chicken fillet, baby gem, smoked bacon, garlic &amp; herb croutons, parmesan shavings, Caesar dressing</i>	
8OZ IRISH BEEF BURGER	17.90
<i>smoked Monterey Jack Cheese, smoked bacon, Ballymaloe relish on a seeded bun topped with onion rings served with chunky chips</i>	
BREADED HADDOCK	16.90
<i>Crispy haddock served with garden peas, chunky chips, lemon &amp; tartar sauce</i>	
GARLIC MUSHROOM ARANCINI	17.90
<i>Panko breaded garlic mushroom &amp; parsley, risotto balls with parmesan flakes served on rocket &amp; sundried tomato salad, garlic mayo dip &amp; toasted ciabatta</i>	
~ Vegan options available upon request ~	

## SIGNATURE SANDWICHES

OPEN PRAWN SANDWICH	10.50
<i>House wheaten bread, baby peeled prawns Marie-rose sauce, crushed avocado, salad garnish, lemon</i>	
OPEN SMOKED SALMON SANDWICH	11.50
<i>House wheaten bread, salad garnish, lemon</i>	
GOUJON WRAP	10.50
<i>Chicken goujons, lettuce, red onion, cheese, choice of BBQ or sweet chilli sauce in a toasted wrap</i>	
BLT	10.50
<i>Triple decker sandwich, smoked bacon, lettuce, tomato, mayonnaise</i>	
ÓSTÁN'S MEGA CLUB SANDWICH	11.50
<i>Triple decker sandwich, lettuce, tomato, chicken, smoked bacon, egg and mayonnaise on toasted sourdough</i>	
OPEN AVACADO	9.50
<i>Toasted ciabatta, rocket, sundried tomato &amp; avocado salsa</i>	
Soup & Sandwich	10.00
Soup & Toastie	10.50
<b>Closed Sandwiches (2 Fillings) from 5.70</b>	
<b>Toasted Sandwiches (2 Fillings) from 6.00</b>	
<i>(Ham, Chicken, Cheese, Tuna, Egg, Salad)</i>	

## DESSERT

STICKY TOFFEE PUDDING	5.90
<i>butterscotch sauce, vanilla ice cream (gluten free)</i>	
FRESH FRUIT SALAD	5.50
CHEESECAKE OF THE DAY	5.90
<i>fresh cream</i>	
APPLE CRUMBLE	5.90
<i>vanilla ice-cream</i>	
CRÈME BRÛLÉE	5.90
<i>wafer biscuit (gluten free without biscuit)</i>	
SELECTION OF ICE CREAM	4.50
<i>as it is!</i>	
FRESH SCONE	2.50
<i>Butter, cream &amp; fruit conserve</i>	
TEA	2.00
AMERICANO	3.00
ESPRESSO	3.50
CAPPUCINNO	3.50
LATTE	3.50

LOADED SKINNY FRIES	9.50
<i>Taco Fries: chilli mince, melted cheese, taco sauce</i>	
<i>Pepper Fries: sauté mushroom &amp; onions, melted cheese &amp; pepper sauce</i>	

## SUNDAY LUNCH

Served 1-4:30pm

3 courses €26.50 ~ main course only: €17.00 ~ children €10

*Inquire within for reservations*



## THE BEACH HOTEL

info@beachhotel.ie ~ www.beachhotel.ie ~ 074-9155303

all fish may contain bones ~ while we take every care to preserve the integrity of our vegetarian, vegan, gluten free and dairy free products, we must advise that these products are handled in a multi kitchen environment ~ we cannot guarantee that our products do not contain traces of seeds and or nuts ~ all items are subject to availability ~ all tables are reserved for food service, you may have a time limit allocated ~ all orders placed for service in the Bar or outside must be paid for in advance ~ no split bills