



STARTERS

HOMEMADE SOUP OF THE DAY €5.50

Bread Roll (1,9,10,13)

FRESH SEAFOOD CHOWDER €8.50

Wheaten Bread (1,2,4,5,9,13)

BBQ SMOKED RIBS €9.00

Homemade BBQ Sauce (1,3,6,10,13)

GARLIC MUSHROOMS €8.00

Baby Leaf Salad / Garlic Mayo (1,3,9,11,13)

MUSSELS €10.00

Creamy Garlic & White Wine Sauce / Garlic Bread (1,5,9,13)

SALT N CHILLI CHICKEN €8.00

Crispy Fried Chicken Strips / Peppers / Onions / Salt 'N' Chilli Seasoning (1,3,6,13)

HARBOUR INN CHILLI BEEF NACHOS

€8.50

Salsa Roja / Sour Cream & Chive / Grilled Cheddar / Tortilla Chips (9,13)

SUNDRIED TOMATO & BASIL ARANCINI WITH MARINARA SAUCE €8.00

Rocket Leaves (1,13)

CAESAR SALAD €7.50

Lettuce / Croutons / Parmesan / Crispy Bacon / Caesar Dressing (1,3,9,13)

CRISPY CHICKEN WINGS €8.00

Harbour Hot Sauce / Blue Cheese Dip (3,11,13)

PASTAS

***CHICKEN, BACON & MUSHROOM PENNE PASTA €18.50**

Cream Sauce / Parmesan / Garlic Bread (1,3,9,13)

***CHICKEN & CHORIZO RIGATONI €18.50**

Peppers / Onions / Parmesan / Smoky Cream Sauce / Garlic Bread (1,9,13)

TRADITIONAL STONE BAKED LASAGNE

€17.50

Coleslaw / Garlic Bread (1,3,9,13)

FISH

FRESH BATTERED COD €19.50

Mushy Peas / Homemade Tartar Sauce / Lemon (1,3,4,13)

FILLET OF SALMON €24.95

Shaved Fennel / Tenderstem Broccoli / Sun Blushed Tomatoes / Lemon & Dill Butter (4,9,13)

BAKED COD €22.50

La Sauce Vierge / Asparagus (4,8,9,13)

HAKE FILLET €22.50

Mussel & Chive White Wine Cream Sauce / Samphire / Asparagus (4,5,9,13)

MEAT DISHES

8OZ FILLET STEAK €36.00

Onion Ring / Roast Tomato / Choice of Sauce (1,6,9,13)

10OZ SIRLOIN STEAK €29.00

Onion Ring / Roast Tomato / Choice of Sauce (1,6,9,13)

5OZ SIRLOIN STEAK & HOUSE SMOKED BBQ RIBS €24.00

Choice of Sauce (1,6,9,10,13)

50/50 €24.00

Chicken Escalope / 5oz Sirloin Steak / Onion Ring / Choice of Sauce (1,6,9,13)

FULL RACK OF SMOKED RIBS €19.00

Homemade BBQ Sauce / Coleslaw (1,3,9,10,11,13)

HAWAIIAN CHICKEN €19.50

Pan-Fried Chicken Breast / Bacon / Pineapple / Melted Cheese (9,11,13)

CHICKEN SUPREME €20.00

Creamed Potatoes / Tobacco Onions / White Wine Velouté (1,9,13)

CHICKEN KORMA €19.50

Peppers / Onions / Poppadom (1,9,10,11,13)

BREADED BUTTERMILK CHICKEN BURGER

€18.50

Lettuce / Tomato / Onion Ring / Bacon / Burger Sauce (1,3,13)

PANKO BREADED CHICKEN GOUJONS

€18.50

Choice of House Dips / Salad (1,3,9,11,13)

HOT N KICKING CHICKEN €20.00

Creamed Potatoes / Peppered Sauce / Tobacco Onions (1,9,13)

CHICKEN BANG BANG €19.50

Tandoori Chicken / Spicy Mayo (9,11,13)

SALT N CHILLI CHICKEN €21.00

Crispy Fried Chicken / Peppers / Onions / Salt n Chilli Seasoning / Curry Sauce / Prawn Crackers (1,2,6,13)

THE HARBOUR BEEF BURGER €17.95

Grilled Cheese / Bacon / Onion Ring / Burger Sauce (1,3,9,13)

***ROAST OF THE DAY €17.50**

Creamed Potatoes / Seasonal Veg / Roast Gravy / Yorkshire (1,3,6,9,10,11,13)

SRIRACHA & HONEY GLAZED PORK TENDERLOIN €17.95

Mango & Jalapeño Salsa / Tenderstem Broccoli (13)

***SWEET CHILLI CHICKEN STIR-FRY €18.50**

Noodles or Rice (1,9)

***CAJUN CHICKEN CAESAR SALAD €17.50**

Bacon / Croutons / Gem Lettuce / Parmesan / Caesar Dressing (1,3,9,13)

VEGETARIAN / VEGAN

BLACKBEAN & QUINOA BURGER €16.95

Lettuce / Tomato / Curry Mayo (1,3,10,13)

***ASPARAGUS & RED PESTO LINGUINE**

€17.50

Toasted Walnuts / Vegan Cheddar (1,8,13)

***SUPERFOOD SALAD €16.95**

Tenderstem Broccoli / Cherry Tomatoes / Apple / Peppers / Mixed Nuts / Cous Cous / Beetroot Vinaigrette (1,13)

Dishes Marked with an * are a Complete Dish



SIDES €4.50

CHIPS
GARLIC POTATOES (9)
CREAMED POTATOES (9)
CHAMP (9)
ONION RINGS (1,13)
HOUSE SALAD (3,9,13)
SEASON VEG (9,13)
TOBACCO ONIONS (1,9,13)
RICE
BABY BOILS

SAUCES €2.00

GRAVY (6,13)
PEPPERED SAUCE (6,9,13)
GARLIC BUTTER (9,13)
WHITE WINE VELOUTE (9,13)
CURRY (13)

KIDS MENU

SAUSAGES (1,13) €7.50
CHICKEN GOUJONS (1,3,9) €7.50
BEEF BURGER / CHEESE (1,6,9,13) 7.50
FISH FINGERS (1,4,9,13) €7.50
ROAST OF THE DAY (1,3,6,9,10,11,13) €7.90

Served with a Creamed Potatoes or Chips

CHICKEN CURRY / RICE OR CHIPS (9,10,11,13) €8.50
CHICKEN & BACON PASTA (1,10,11,13) €8.50
POTATO & GRAVY (9,10,13) €2.60
POTATO & SOUP (9,10,13) €2.60

1. GLUTEN, 2. CRUSTACEANS, 3. EGGS, 4. FISH, 5. MOLLUSCS, 6. SOYBEANS, 7. PEANUTS, 8. NUTS,
9. MILK, 10. CELERY, 11. MUSTARD, 12. SESAME SEEDS, 13. SULPHITES, 14. LUPIN