

# Oasis Bar a la

## Carte Menu

### Light Bites & Starters

**Fresh Seafood Chowder €8**  
*Mixed Seafood, Brunoise of Veg, Fish Veloute*  
*Brown Bread*  
(1,2,3,4,5 wheat,8,9,13)

**Chef's Soup of The Day €6**  
*Crusty House Bread*  
(4,5 wheat) (V)

**Plum Tomato Bruschetta €7**  
*Roasted Red Pepper, Basil, Red Onion, Olive*  
*Oil, Toasted Sour Dough Bread*  
(5 wheat,8,13) (V)

**Oasis Chicken Wings €9/€14**  
*Choose Either Frank's Hot Sauce or BBQ,*  
*Served with Blue Cheese Dip*  
(4,6,8,9,14)

**Steamed Mussels €8/€14**  
*Garlic, White Wine, Cream, Garlic Bread*  
(2,3,5 wheat,8,13)

**Classic Caesar Salad €9**  
**Add Grilled Chicken +€2**  
*Baby Gem, Focaccia Croutons, Bacon Lardons,*  
*Parmesan, Caesar Emulsion*  
(1,5 wheat,6,8) (V)

**Nicoise Salad €9**  
*Smoked Salmon, Hard Boiled Egg, Green Beans,*  
*Olives, Baby Potato (V)*  
(1,6,9)

**Goats Cheese Salad €8**  
*Black Sesame, Candied Walnuts, Baby Leaves,*  
*Focaccia Crostini, Beetroot*  
(5 wheat,6,8,9,14) (V)

### Side Orders €4

House Fries, Seasonal Vegetables  
Basmati Rice, Mashed Potato, (8)  
Garlic Bread (5 wheat,6,8)

### Main Courses

Grilled 8oz Sirloin Steak €19

*Flat Cap Mushroom, Tobacco Onions, Slow*  
*Roasted Tomato, Green Peppercorn Sauce or*  
*Garlic Butter*  
(4,5 wheat,9,13)

**White Sand's Fish & Chips €15**  
*Beer battered Cod, Mushy Peas, Tartar Sauce,*  
*Fries*  
(1,4,5 wheat,6,8)

**Chicken Kiev €16**  
*Chicken Breast stuffed with Garlic Butter,*  
*Coleslaw, Baby Leaf Salad, Fries*  
(5 wheat,6, 8,9,13)

**Baked Fillet of Hake €18**  
*Baby Potato, Seasonal Veg, White Wine*  
*Reduction*  
(1,2,3,4,8,13)

**Thai Red Chicken Curry €16**  
*Basmati Rice, Poppadum*  
(1,2,3,4,5 wheat,8,13) (V)

**Beef Burger (8oz) €16**  
*Lettuce, Streaky Bacon, Cheddar, Tomato,*  
*Ballymaloe Relish, Toasted Brioche Bun*  
(4,5 wheat,6,8,9,12)

**Penne Arrabiatta €12**  
*Spicy Tomato Sauce, Basil, Parmesan Garlic*  
*Bread*  
(4,5 wheat,6,8,13) (V)

**Cajun Spiced Chicken Fillet Burger €16**  
*Cajun Aioli, Beef Tomato, Lettuce topped with*  
*Crispy Onions on a Brioche Bun*  
(5 wheat,6,8,13)

**Traditional Irish Stew €14**  
*Served with Brown Bread*  
(4,5 wheat,8,9,13)

**Braised Kerry Mountain Lamb Shank €18**  
*Champ potato, Root Veg, Thyme Gravy*  
(4,8,13)

**Allergen Information:** 1-Fish, 2-Crustaceans, 3-Molluscs, 4-Celery, 5-Gluten, 6-Egg, 7-Lupin,  
8-Milk, 9-Mustard, 10-Nuts, 11-Peanuts, 12-Soya, 13-Sulphites, 14-Sesame

(V) = Vegetarian Option Available