

# Oasis Bar Lunch

## Menu Served 12 noon to 5pm

### Sandwich Bar - €6

*Our Sandwiches are served on Brown or White Malted Bloomer Bread and can be Plain or Toasted*

#### Choose 3 fillings from the following:

Ham, Cheese, Turkey, Smoked Streaky Bacon, Chicken, Baby Leaf Salad, Tomato, Red Onion, Coleslaw, Garlic Aioli  
(5 wheat,6,8,9)

*Served with a Side Salad & Crisps*

### Gourmet Sandwiches

#### Triple Decker Club Sandwich €10

*Chicken, Bacon, Tomato, Gem Lettuce, Mayo, Cheese*  
(5 wheat,6,8,9)

#### Joint Sandwich of the Day €11

*Ask Your server about the Joint of the Day & See our Specials Board*  
(5 wheat,6,8)

#### Open Prawn Sandwich €12

*Dublin Bay Shrimp in Marie-Rose Sauce served on Brown Soda Bread*  
(2,5 wheat,6,13)

#### Grilled Chicken Sesame Panini €10

*With Baby Spinach, Tomato & Buffalo Mozzarella*  
(5,6,8,9,14)

#### Grilled Chicken Caesar Wrap €11

*Tortilla Wrap, Gem Lettuce, Caesar Dressing, Parmesan Cheese*  
(5 wheat,6,8,9,13)

**All Gourmet Sandwiches Served with Side Salad & House Fries**

*Fresh Seafood, Brunoise of Veg, Fish Veloute, Brown Bread*

(1,2,3,4,5 wheat,8,9,13)

#### Chef's Soup of The Day €6

*Crusty House Bread*  
(4,5 wheat) (V)

#### Oasis Chicken Wings €9/€14

*Choose Either Frank's Hot Sauce or BBQ, Served with Blue Cheese Dip*  
(4,6,8,9,14)

#### Classic Caesar Salad €9

#### Add Grilled Chicken +€2

*Baby Gem, Focaccia Croutons, Bacon Lardons, Shaved Parmesan, Caesar Emulsion*  
(1,5 wheat,6,8) (V)

#### Nicoise Salad €9

*Smoked Salmon, Hard Boiled Egg, Green Beans, Olives, Baby Potato*  
(1,6,9) (V)

### Main Courses

#### Joint of The Day €15

*Ask Your Server & See our Special Board for Details*

#### White Sand's Fish & Chips €15

*Beer Battered Cod, Mushy Peas, Tartar Sauce, Fries*  
(1,4,5 wheat,6,8)

#### Baked Fillet of Hake €18

*Baby Potato & Seasonal Veg, White Wine Reduction*  
(1,2,3,4,8,9,10,12,14)

#### Penne Arrabiatta €12

*Spicy Tomato Sauce, Basil, Parmesan, Garlic Bread*  
(4 wheat,5,6,8,13) (V)

#### Traditional Irish Stew €14

*Served with Brown Bread*  
(4,5 wheat,8,9,13)

### Light Bites & Starters

#### Seafood Chowder €8

**Allergen Information:** 1-Fish, 2-Crustaceans, 3-Molluscs, 4-Celery, 5-Gluten, 6-Egg, 7-Lupin, 8-Milk, 9-Mustard, 10-Nuts, 11-Peanuts, 12-Soya, 13-Sulphites, 14-Sesame

(V) = Vegetarian Option Available