



# TARA HOTEL

## LUNCH MENU

Served  
12pm - 3pm

### Sandwiches & Toasties

**Chicken and Bacon Wrap €12.50** (1wheat,3,7,10)  
Chicken, bacon, lettuce, parmesan, cheese garlic mayo in a toasted wrap.

**Goat's Cheese Toastie €12.50** (1wheat,7,10)  
Creamy goat cheese with roasted vegetables and Ballymaloe relish on toasted rustic bread.

**Chicken Goujons Wrap €12.50** (1wheat,3,7,10)  
Chicken goujons, lettuce, cheddar cheese, sweet chilli mayo in a toasted wrap.

**B.L.T. €12.50** (1wheat,3,10)  
Rustic bread toasty with bacon, lettuce, tomatoes and mayo.

**Club Sandwich €13.50** (1wheat,3,10)  
Rustic bread toasty with chicken, bacon, lettuce, tomatoes and mayo.

**Shines Tuna Melt €13.50** (1wheat,3,4,7,10)  
Tuna mixes with mayo and topped with red onion and melted cheddar cheese toasted rustic bread.

### Open Sandwiches

**Open Prawn & Smoked Salmon €14.50** (1wheat,2,3,4,7,10)  
Homemade wheaten bread topped with smoked salmon and prawns in Marie Rose sauce served with a side salad.

**Open Chicken €12.50** (1wheat,3,7,10)  
Homemade wheaten bread topped with sliced chicken and served with tossed salad and Ballymaloe relish.

**All Sandwiches served with house coleslaw and fresh cut chips or cuppa soup**

### Salads

**Warm Chicken And Bacon Salad €17.50** (3,7,10)  
Warm chicken & bacon, crisp lettuce, croutons, cherry tomatoes, eggs, topped with house Caesar dressing and shaved parmesan cheese.

**Cajun Chicken Salad €16.50** (3,10)  
Succulent chicken breast in Cajun marinade over our house dressed tossed salad drizzled with a sweet chilli mayo.

**Smoked Salmon Salad €18.00** (3,4,10)  
Smoked salmon laid over our house dressed tossed salad drizzled with a Marie Rose sauce.

### Soups

**Soup of the day €8.50** (please ask your server)  
With our homemade wheaten bread. (1wheat,3,7)

**The Tara Seafood Chowder €12.50** (2,4,7)  
With our homemade wheaten bread. (1wheat,3,7)

### Scones

**Scones, Plain or Fruit €7.50** (1wheat,3,7)  
Served with tea or coffee and fresh whipped cream, pot of jam and butter.

### Desserts

**Homemade Cheesecake**  
(Please ask your server) (1wheat,7)  
With fresh whipped ice cream.

**Chocolate Brownie** (1wheat,3,7)  
Drizzled with a duo of chocolate sauces with fresh whipped ice cream.

**Sticky Toffee Pudding** (1wheat,3,7)  
With a toffee sauce and fresh whipped ice cream.

**Homemade Apple Pie & Custard** (1wheat,3,7,12)  
With fresh whipped ice cream.

**Ice Cream Sundae**  
Fresh whipped ice cream, fresh fruit with strawberry coulis (3,7)

**€8.50**

**Allergen Information**  
1. Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soya 7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs

## Station 59 at The Tara Hotel...

## DINNER MENU

### Starters

**The Tara Seafood Chowder €12.50** (2,4,7)  
With our homemade wheaten bread (1wheat,3,7)

**Soup of the Day €8.50** (1wheat,3,7)  
Served with our homemade wheaten bread.

**Cheesy Garlic Bread €8.50** (1wheat,3,7)  
Garlic bread topped with melted cheddar cheese

**Smoked Salmon Prawn Cocktail €12.50**  
Cold water prawns in a Marie Rose sauce, on a dressed salad. Served with our homemade wheaten bread (1wheat,2,3,4,7,10)

**Chicken Wings €12.50** (10)  
Have them your way.  
B.B.Q. or Chilli or Lightly Seasoned.

**Panko Coated Fish Cakes €13.50**  
Drizzled with sweet chilli sauce on a bed of tossed salad. (1wheat,3,4,7,10)

**Grilled Goat's Cheese Salad €13.50**  
On a pear and beetroot salad with toasted rustic bread. (1wheat,3,7,10)

**Sea Food Vol au Vents €12.50**  
Puff pastry filled with a creamy sea food mix served with a salad garnish. (1wheat,2,3,4,7,10,12)

### Main Courses

**8oz Steak Sandwich €22.50** (1wheat)  
Prime cut of Sirloin Steak in toasted rustic bread, sauté mushrooms, onion rings with a choice of sauce and fresh cut chips.

**Traditional Battered Fish €21.50**  
Crisp battered Cod, served with tartar sauce, mushy peas and fresh cut chips. (1wheat,3,4,10)

**The Tara 8oz Burger €19.50**  
Succulent 8oz beef burger topped with dry aged bacon, melted creamy cheddar cheese and crispy onion ring in a fully dressed brioche bun and served with fresh cut chips. (1wheat,3,7,10)

**Our Southern Fried Coated Chicken Fillet Burger €19.50**  
A mouth-watering home-made southern fried chicken fillet burger, crispy onion ring, in a fully dressed brioche bun with fresh cut chips. (1wheat,3,7,10)

**The Best of Both Burger €22.50**  
Our home-made lightly spiced crispy chicken fillet burger and a succulent 8oz beef burger topped with back bacon, melted creamy cheddar cheese crispy onion ring in a fully dressed brioche bun and fresh cut chips. (1wheat,3,7,10)

**Fresh Seafood Pie €19.50** (2,4,7,12)  
Selection of local fresh fish in a creamy sauce topped with a cheesy mash

**Roast of the Day €18.50** (Please ask your server)  
Served with creamy mash (7) and seasonal vegetables

**Irish Beef and Guinness Stew €21.50** (7)  
Tender Irish beef slowly cooked with root vegetables in a rich Guinness gravy, creamy mash potato in a large Yorkshire pudding.

**Chicken Stir-fry Vegetable Curry €17.50**  
**Vegetable Curry €17.50**

**Tiger King Prawn Curry €19.50** (2)  
All Served with 1/2 Rice, 1/2 Chips and Garlic & Coriander Naan (1wheat)

**Enchiladas €19.50** (1wheat,3,7,9)  
Chicken & vegetables or vegetables

**or Tender Strips of Sirloin Steak €21.50**  
In a savoury sauce filled corn tortilla, melted cheddar cheese top and served with fresh cut chips.

**Pasta Tagliatelle**  
Pasta tagliatelle with a choice of either:  
**Fresh Seafood €19.50** (1wheat,2,4,7,12)

**Chicken & Wild Mushroom €18.50** (1wheat,7,9,12)  
**Vegetables €17.50** (1wheat,7,9,12)  
In a rich creamy white wine sauce served with garlic bread

**Prawn and Monkfish €26.50** (2,4,7,9,10,12)  
Pan seared monkfish served with tiger king prawns, sweet potato fondant, asparagus wrapped in parma ham, thermidor sauce and served with a choice of side

**Salmon Risotto €21.50** (4,7,9,12)  
Baked fillet of salmon on fennel, wild mushroom risotto served with a white wine sauce

### Steak on the Stone €38.50

(7) GF

Prime 10oz fillet of Irish beef, lightly seared to lock in its flavour, served on a hot stone to be cooked how you like it with fresh cut chips, sauté mushrooms, onion rings with garlic butter and a whiskey mushroom sauce.  
From 5pm - 9pm

### Stone Baked Pizzas

Served 5.00 - 9.00pm

**Margherita €14.00** (1wheat,7)  
Tomato sauce and cheese

**Tonno €15.50** (1wheat,4,7)  
Tomato sauce, 'Shines' tuna, red onion and cheese

**Pepperoni €15.00** (1wheat,7)  
Tomato sauce, pepperoni and cheese

**Vegetarian €15.00** (1wheat,7)  
Tomato sauce, roasted Mediterranean vegetables and cheese